



**CONFIDENTIALITY, DISCLAIMER & COACHING CLAUSE**  
**(For Extended Engagements)**

All conversations are 100% confidential (unless there are legal reporting requirements such as indications of danger to oneself and/or others, etc.) Professionally and ethically, Human Remedy provides only personal, leadership and team coaching, facilitation, and human resources consultation to the best of their knowledge and level of expertise. Human Remedy defers from giving any suggestions and advice that are beyond the scope of their training and experience. Client understands that coaching practiced by Human Remedy is NOT traditional therapy or attempting to treat mental or emotional disorders as defined by the American Psychiatric Association.

The co-active and relationship systems models of coaching provide a safe, respectful, and honest space for deep reflection, examination and exploration of situations and dynamics presented by clients, and employs tools and exercise that champions clients' creativity, wisdom, and courage to fulfill their stated goals and desired outcomes. Client is responsible for actively participating in the coaching engagement and implementing the choices and decisions that client determines to be applicable and beneficial.

It is hereby understood that coaching provided by Human Remedy is a comprehensive process that may involve exploring all areas of client's life, including personal history, career and team dynamics, recreational activities, religious practices, finances, health, intimate and family relationships, and that the client is exclusively responsible for seeking



professional advice such as psychiatric, medical, legal, financial, or otherwise as deemed needed.

It is also understood that Human Remedy's aim and intention are to inspire, empower and stir positivity and accountability for the client, and does not guarantee successful outcome from the coaching engagement and use of ideas, tools, exercises, insights, and strategies provided. Clients are solely responsible for implementing their own action plans and decisions, and seeking expert counsel as needed. The results gained, personally, collectively, emotionally, spiritually, financially, or otherwise, are dependent on client's own effort, commitment to follow through, and caring for their own success, well-being, and fulfillment.

Please feel free to contact Huma Remedy with any questions or clarification regarding this document! Otherwise, please sign, mail to **1436 Professional Dr. Suite 303, Petaluma, CA 94954**, or scan/email to **shadi@humanremedy.com**.

Client Name (print): \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_